



MOUNT SAINT MARY COLLEGE ATHLETICS

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Dear Director of Athletics and Men's & Women's Cross Country Coaches.
Mount Saint Mary College is hosting its *12th Annual Cross Country Invitational*. We will again be at the outdoor venue of the Hudson Valley Sports Dome. If your team/s are interested in attending please email Coach Callo. This year we will also have chip timing to help speed up results and accuracy at the finish line.

At this time the race is open to DII, DIII schools and Junior Colleges. Any questions please contact Head Coach Fred Callo Cell (845) 742-9157.

Email: Fred.Callo@msmc.edu

Date: Saturday, October 5, 2019

Location: Hudson Valley Sports Dome, 240 Milton Turnpike, Milton, NY 12547
Driving Directions can be found at: www.hudsonvalleysportsdome.com

Course: Women 6K Race / Men 8K Race

Deadline for Entries: Monday September 30, 2019 is the deadline on Direct Athletic.

Time: 10:00 am Course tours and Coaches meeting
11:00 am Women's 6K Race
12:00 am Men's 8K Race

Entry Fees: \$150 per men's team and/or \$150 per women's team.
Must be paid on day of meet or earlier. If paid after its \$175 per team.

Incomplete teams: \$35 per entry.
Checks payable to: "Mount Saint Mary College"
Please put "Cross Country Invite" in memo box
Mail Attention to: MSMC Athletic Director

Awards: Top 50 Men and Women will receive a MSMC XC Invitational Short Sleeve t-shirt. Teams: First place and runner up trophy's for all three divisions.