



SPRING FLING LAX Tournament

Hudson Valley Sportsdome Milton, NY

Saturday, March 23, 2019
Boys & Girls Tournament

INDOOR Tournament Information

- \$450.00 per team Registration Deadline: March 13, 2019
- Early Registration \$430.00 per team: If payment is received before March 1st.
- *Teams who participated in the Rudolph Rumble/LAXABUNGA the team fee is \$400*
- Divisions: Boys 3/4, Boys 5/6, Boys 7/8, JV Boys, High School Boys
Girls 3/4, Girls 5/6, Girls 7/8, JV Girls, High School Girls
- Each team guaranteed (4) 27-minute games
- Certified referees
- Food Concession available all day
- Spectator Seating at each field
- Adult Spectator Admission \$2
- All participants must submit a waiver.
- All teams must check in ½ hour before first game time.
- NO CLEATS allowed: turf shoes or sneakers only.

Game Format

- 27 minute running time games
- (4) indoor rubber-infill turf fields. Each field 30 x 60 yards
- 7 players on the field - 2 attack, 2 defense, 2 middies, goalie (Boys)
- 8 players on the field - 2 attack, 2 defense, 3 middies, goalie (Girls)
- No more than 2 long poles on field at any time
- Only one wing man on face-offs/wing man on face-off may come off of either side.
- One 1-minute timeout per game – clock does not stop.
- All substitutions on the fly.
- Face-offs to start each game.
- Controlled clear (on referees whistle) after each goal scored.
- No time serving penalties; all penalties which would be time serving will result in a structured fast break from mid-field. Attack/Defense at GLE
- Game time will be centralized for all four games. Single horn will start and stop play at beginning and end of each game. No time-outs may be taken inside of the last two minutes of either half.
- Unless modified by preceding statements, we will follow standard rules as stated in 2014 US Lacrosse Rules Book.

Complete information, registration forms, and waiver forms available at www.hudsonvalleysportsdome.com